Bharatiya Vidya Bhavan
(Founded in 1938 by Kulapati Dr. K.M. Munshi)
BHAVAN'S VIVEKANANDA COLLEGE
of Science, Humanities & Commerce
Sainikpuri, Medchal District, Telangana State - 500 094. Ph : 27111611, 27115878
Estd : 1993 AFFILIATED TO OSMANIA UNIVERSITY
REACCREDITED WITH "A" GRADE BY NAAC, AUTONOMOUS COLLEGE

09-10-2024

To
The Organizing Committee,
District Eco-SDG Championship 2024
APEX SDG & APEX SDG Trust

Subject: Submission of Report on College Activities for District Eco-SDG Championship 2024

Dear Sir/Madam,

Greetings from Bhavan's Vivekananda College of Science, Humanities and Commerce!

We are pleased to submit the enclosed report that highlights the various activities undertaken by our institution as part of our participation in the District Eco-SDG Championship 2024, organized by APEX SDG & APEX SDG Trust.

Our institution has always been committed to promoting sustainability and fostering awareness of the United Nations Sustainable Development Goals (SDGs). In line with this, we have conducted a series of initiatives aimed at contributing to the eco-friendly and sustainable development of our region. These activities were designed to align with key SDGs, ensuring meaningful participation by students, faculty, and the local community.

We are hopeful that our efforts towards promoting sustainability and aligning with the global SDG agenda will contribute significantly to the District Eco-SDG Championship 2024.

We thank the organizing committee for this valuable opportunity and look forward to your kind consideration of our submission.

Yours sincerely,

9/10/24

Dr GSVRK Choudary
Principal

Dr. GSVRK CHOUDARY
PRINCIPAL
BHAVAN'S VIVEKANANDA COLLEGE
OF SCIENCE, HUMANITIES & COMMERCE
Sainikpuri-500 094,
Medchal District, Telangana State

Bharatiya Vidya Bhavan

Bhavan's Vivekananda College
of Science, Humanities and Commerce
(Sainikpuri, Secunderabad, Telangana – 500094)
Reaccredited with 'A' Grade by NAAC
Autonomous College – Affiliated to Osmania University

List of Activities conducted for District Eco SDG Championship 2024

S. No	Title
1	Sustainable Meals Week
2	Digital Repository for Sustainable Research
3	Class Outdoor
4	Organic Farming Harvest
5	Awareness Campaign on Green Technologies
6	Video Making - Theme - 'Elder Abuse'
7	Illness due to Pollution and Junk and unhealthy food habits
8	Quiz Competition
9	Street Play
10	Mentorship Program for Local Schools
11	Slow Cycling
12	5000 Steps Challenge
13	Safety Disaster Risk and Crowd Management

Bhavan's Vivekananda College

Of Science, Humanities & Commerce
Sainikpuri, Secunderabad-500094
(Reaccredited with 'A' grade by NAAC
Autonomous College-Affiliated to Osmania University

Report on Sustainable Meals Week from 13th-21st September 2024



Introduction

The Sustainable Meals Initiative was launched to promote healthy, environmentally-friendly food choices supporting SDG 2 within our campus.

On 13th September 2024, Nutri Chef Fresh and on14th September 2024 an event titled Fresh &Fantastic was held as part of the "Sustainable Meals Week," an initiative organized by the Department of Biochemistry and Nutrition and the Canteen Committee, in collaboration with the Internal Quality Assurance Cell (IQAC).

The event commenced at 12:30 PM in the college science quadrangle, with faculty members and students showcasing an array of nutritious meals.

Faculty Coordinators: 1.Mrs. Santi Rohit Rao (Dept. of Mathematics and Statistics) and
2.Mrs. Revati Vedantam (Department of Biochemistry and Nutrition)

Student Coordinators: 1. Pooja Shree (HDS III Yr)
2. P.S.Keisha Dharani (BINDC, B.Sc. IIInd year)

Objectives

The primary Objective of the event was to encourage Students and Staff to bring nutritious food items, providing an engaging platform to share health benefits and explore diverse dietary options.

To raise awareness about the impact of food choices on the environment, encouraging participation in sustainable practices, and fostering a sense of responsibility towards educating community through shared culinary experiences.

The importance of sustainable eating cannot be overstated; it contributes to reducing carbon footprints, minimizing food waste, and promoting overall well-being.

Planning and Execution

The planning phase involved collaborative menu creation that prioritized local and seasonal plant based ingredients. We engaged students, faculty, and local canteen chefs to curate a collection of recipes that reflected sustainable practices. Promotional activities included social media campaigns, announcements in classrooms and in assembly and cooking demonstrations in our nutrition lab which helped build excitement and awareness about the initiative.

Activities Conducted during sustainable meals week:

1. **Nutri Chef** is held at Science Quadrangle on 13 September 2024
   Time: 2:00pm to 3:00pm

Nutri-Chef, exhibition and sale of nutritious recipes. 21 nutritious recipes were displayed in the stalls by participants. This event was exclusively for students.

2. **Fresh and Fantastic a Nutrition exhibit** by Departments/Faculty on 14thSept 2024
   Time: 12:30pm to 2:30pm,held at Science Quadrangle.

Participation

Over 50 students, faculty, and staff participated in the week's activities. Feedback collected through surveys highlighted a positive reception, with many participants expressing increased knowledge about sustainable eating and a desire to incorporate these practices into their daily routine.

"Nourish and Flourish" featuring healthy bites in the canteen from September 13th to September 21st, 2024, with daily notifications

Mr. Praveen (Canteen): Oats cutlet, poha, and Gluten free bread pakoda.

Mr. Janaki Ram(Canteen):Fruits Bowl, Sprouts,Pesarattu

Impact Assessment

The event created a vibrant atmosphere where students and faculty enjoyed a variety of delicious and health-conscious foods. Attendees were able to explore new recipes and dietary options without compromising on taste or nutrition. Around 1:00 PM, Dr. G.S.V.R.K. Choudary,Principal, Mrs. B. Niraimathi IQAC Coordinator, Dr. A Sai Padma HOD/ Biochemistry & Nutrition, Dr. K. Anuradha HOD/Microbiology, DrGS Mini HOD/ Mathematics & Statistics visited the exhibition, taking time to appreciate the efforts and creativity of participants.

An evaluation of the initiative revealed significant environmental benefits, including a reduction in food waste by approximately 30% during the event. The carbon footprint associated with meal preparation decreased as we focused on plant based local sourcing. Educationally, participants reported a 70% increase in understanding the principles of sustainable eating, showcasing the initiative's effectiveness.

Challenges and Solutions

Several challenges arose, including initial resistance to changing traditional meal options and logistical issues related to sourcing ingredients. We addressed these to our canteen partners and emphasized about the health and environmental benefits of sustainable eating and also ensured about their availability. As part of our initiative, we collaborated closely with our canteen partners to ensure that plant-based, locally sourced food options were available at least twice a week. This initial commitment aimed to familiarize our students with sustainable eating practices and highlight the benefits of choosing local produce.

Outcomes

The initiative culminated in the creation of a campus-wide cookbook featuring over 17 recipes (Recipe Link) each accompanied by cultural stories that celebrate our diverse community. Notable recipes includeRagi Idiyappam with tomato and coconut mix, Ragi Laddu made with vegan ghee, Matta rice flakes,Foxtail millet pulao, Millet pizza,Ragi java with barley and almonds, Oats cutlet, poha, Gluten free bread pakoda,Fruit Bowl, Sprouts, Pesarattu and Millet Meal.

Since last year, we have been implementing these initiatives and have noticed an improvement in educating students about sustainable meals and locally sourced food.

Conclusion

The Sustainable Meals Initiative was a resounding success, fostering community engagement and awareness about sustainable food practices. For future events, we suggest expanding the reach by incorporating more interactive workshops and exploring partnerships with local farms to enhance the educational aspect.










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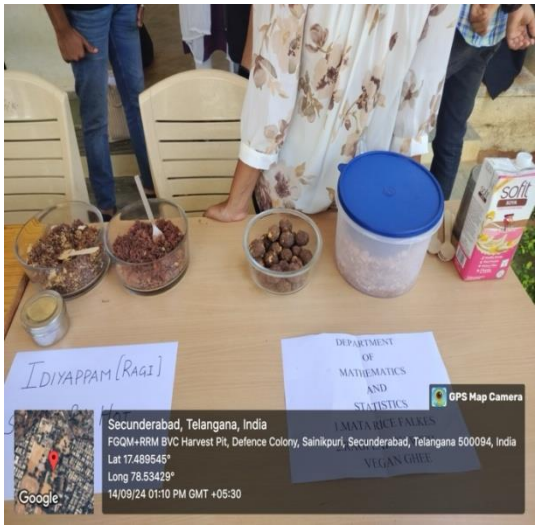

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IDIYAPPAM [RAGI]
DEPARTMENT
OF
MATHEMATICS
AND
STATISTICS
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Mrs M. Prasanna
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Mrs M. Prasanna
Head, Dept. of Physics & Electronics
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Title: Digital Repository for Sustainability Research Report

Introduction: IQAC in collaboration with all departments in college initiated the process of compiling green initiatives, outreach and extension activities and making it a common repository as the college is focussing on SDG goals since 2 years.

Development Process:
A pro-forma was made which included SDGs as one of the parameters was circulated to all the departments and data was captured with all details.

Content and Participation:

Department	Activities
BA	Plantation of Tulsi plants under awareness program on promotion of traditional medicine and health policy under Sanjeevani Suraksha
Biochemistry	Water wastage from distillation units is restricted and re-usage of water for growing plants. Organized Awareness programs on 1. "Plastic free future" on 24th August, 2023. 2. "Reel Making Competition" – on Pollution/eating high calorie food/ junk food/ unprotected food/ over eating food/ malnutrition/ lack of sanitation and hygiene, 22nd to 27th July, 2023.
Computer science	1. The Fusion Tech club under the Department of Computer Science organized an intra college event named "Erase your E-Waste" from 5th August 2023 to 9th September 2023(only on Saturdays) in collaboration with Green Campus Program NCC, NSS, BSG and YRC units of the college. The aim of this event was to spread awareness about E-waste management in order to persuade individuals regarding ethical e-waste disposal. **2.** Students and Faculty from various departments deposited their electronic trash into the box that was put up near IT Block.
Commerce	1. Organized Primicerius National Management Fest on the theme SDG 2. Potted plants to the guests for Guest lectures 3. Use of e Bike by Faculty members 4. Carrying cloth bag to avoid plastic. **5.** Planted trees with PG Students near canteen
Chemistry	Green Lab Practices to avoid toxic waste into the environment. The Department follows Green lab practices: 1. H_2S is not used for any group analysis 2. Curcumin is used instead of Nessler's reagent 3. Diethyl ether is avoided.

	4. Aniline is avoided **5.** Practices followed to reduce fumes in the Lab
Genetics and Biotechnology	1. Creating awareness of Environmental issues and importance of environmental conservation through activities of greEnergy club 2. Organic farming and sale of plantlets is taken up by students as a self-sustaining project in Semester VI **3.** Plant Tissue Culture is taken up by students in Sem V
Mathematics & Statistics	Data Driven Futures : Statistical Insights in technology for Viksit Bharat on 28thFebruary
Microbiology	1. G Rajesh and S Aishwarya and Dr Y Aparna. Presented a paper in Eco-champions Hackathon- Reduced use of single use plastic and reduction in water consumption on Nano coated microbes – a promising approach for environmental remediation on 5th June 2023 organised by Telangana State Pollution control board. 2. V Seshi Deepak, Y V Tanishq, G Sai Nihal Kumar and Dr Y Aparna.Presented a paper on Sustainable campus: Assessing energy management strategies in Higher educational institutions at National Level Multidisciplinary seminar on Emerging Trends in Technology and Sustainability organized by St. Mary's college, Yousafguda on 1st and 2nd March 2024. 3. SrinidhiCanchi Sis tla, Tarunisri and Dr Y Aparna. Presented a paper on Green insights Assessing environmental awareness in college campus at National Level Multidisciplinary seminar on Emerging Trends in Technology and Sustainability organized by St. Mary's college, Yousafguda on 1st and 2nd March 2024. 4. Standardisation of procedures for mass multiplication of Biofertilizers to promote better plant growth in our college campus Utilization of dried plant leaves for production of Biofertilizers 5. Waste to wealth – Preparation of Handmade paper from agricultural waste 6. Mushrooms in BVC campus Microbial Biodiversity Studies **7.** MicrobiologicalWater quality testing in BVC
Physics and Electronics	1. Designed Solar Mobile Charger Circuit 2. VikasitBharath- A Govt. of India initiative - A project was taken up on Power grid upgradation with Smart Technology for efficient energy management

	3. Designed Solar Mobile charger circuits 4. Projects are given to students for monitoring the air and water quality across the campus as part of green campus drive **5.** Maintenance of the Solar Power Panels in the IT Block of the college.

Challenges and Solutions:

App development, Blogs etc specifically on SDG and creating awareness through social media can be a better solution

Outcomes:

1. College participated in District Eco-SDG Championship in 2023 and was awarded Outstanding "S" Grade for 22 activities organized by involving 2200 students.
2. Student projects on monitoring Air quality was set up in the campus using IoT
3. Solar Mobile charger circuits were developed by students
4. Students presented research papers in conferences
5. Awareness was created on many aspects including Energy management, organic farming, usage of cloth bags, replacing plastic water bottles etc

Future Plans:

Creating Blog on SDG for BVC

Conclusion:

The Digital Repository for Sustainability Research has successfully captured a wide range of green initiatives, outreach programs, and sustainability-driven activities conducted across various departments. By aligning with the United Nations' Sustainable Development Goals (SDGs), this initiative has fostered a collaborative platform for knowledge sharing and environmental awareness. Through activities like organic farming, e-waste management, and sustainable energy projects, students and faculty have actively contributed to fostering a culture of sustainability. The repository not only highlights the college's commitment to sustainable development but also provides a blueprint for future endeavors in promoting environmental responsibility. Moving forward, plans to enhance digital outreach through blogs and apps will further strengthen awareness and engagement on sustainability.

Attachments:

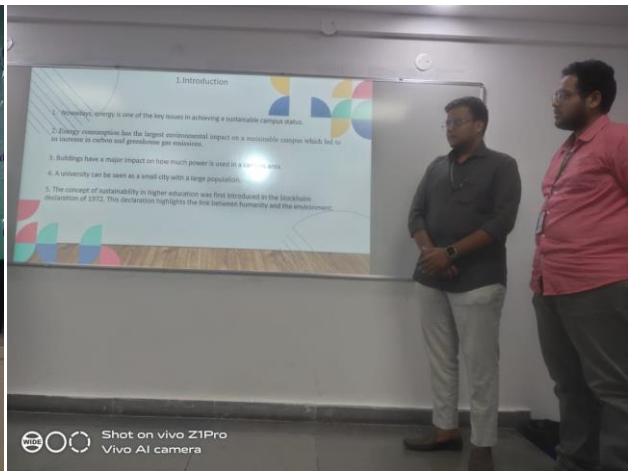






Preparation of Millet food in Department of Biochemistry





Students of Microbiology presenting research papers on SDG at ECO Champions Hackathon and National Seminar



Green Lab Practices in Chemistry

Report on the outdoor class on Application of Statistics in Sustainable Development Goals

Date: September 18th, 2023
Event: Under the Tree Session
Facilitator: Dr. ChandanBabu
Participants: Students of B.Sc (HDS) I
Topic: Application of Statistics in Sustainable Development Goals

Date: 1st, October 2024
Teacher: Dr G S Mini, HOD/Mathematics & Statistics
Class: B.Sc (MSCS) I B
Topic: The golden ratio and its applications in nature

Introduction

On September 18th2023, the students engaged in an enlightening "Under the Tree" session focused on the application of statistics in relation to the Sustainable Development Goals (SDGs) under the guidance of Dr Chandan Babu, their Statistics Lecturer. This initiative allowed them to delve into how statistical methods can support and enhance our understanding of sustainability practices and outcomes.

The "Under the Tree" session aligns most closely with **SDG 4: Quality Education**. This goal emphasizes inclusive and equitable quality education and promotes lifelong learning opportunities for all.

By engaging students in research about the application of statistics in sustainable development, the session not only enhances their knowledge and understanding of sustainability but also fosters critical thinking and analytical skills. Additionally, the session contributes indirectly to other SDGs, such as:

- **SDG 3: Good Health and Well-Being**
  Discussing the benefits of nature highlighted the connection between mental health and natural environments. The class recognized the importance of incorporating outdoor activities into their educational routine to promote well-being.
- **SDG 4: Quality Education**
  The outdoor class provided an alternative educational environment that promoted experiential learning. By engaging with nature, students developed critical thinking skills and a better understanding of mathematical concepts.
- **SDG 11: Sustainable Cities and Communities**
  The activity emphasized the importance of green spaces in urban settings. By understanding the role trees play in improving air quality and enhancing quality of life, students became advocates for sustainable urban planning.
- **SDG 13: Climate Action**: By promoting awareness of sustainable practices and the role of data in addressing climate issues.

- **SDG 15: Life on Land**
- Identifying and learning about local tree species encouraged students to value biodiversity and the importance of preserving natural ecosystems. This experience fostered a sense of responsibility toward environmental conservation.
- **SDG 17: Partnerships for the Goals**: By encouraging collaborative learning and interdisciplinary approaches to problem-solving.

Overall, the session serves as an important step toward achieving quality education and fostering a broader understanding of sustainability among students.

Understanding Sustainable Development Goals (SDGs)

The SDGs, established by the United Nations, consist of 17 goals aimed at addressing global challenges such as poverty, inequality, climate change, environmental degradation, peace, and justice. Each goal has specific targets to be achieved by 2030. This session emphasized the importance of these goals in creating a sustainable future.

Importance of Statistics in Achieving SDGs

During the research, students discovered several key areas where statistics play a crucial role in achieving the SDGs:

Resource Allocation: Statistics assist in identifying areas that require urgent attention and resources, enabling effective allocation to maximize impact.

Monitoring and Evaluation: Ongoing statistical analysis is essential for evaluating the effectiveness of interventions and strategies aimed at meeting the SDGs.

Key Achievements and Learnings

Throughout the discussions, students achieved several insights:

- **Application of Statistical Methods**: Students learned about various statistical tools and techniques that can be applied to real-world sustainability challenges, such as regression analysis, data visualization, and trend analysis.

- **Interdisciplinary Approach**: The session highlighted the importance of an interdisciplinary approach, combining statistics with fields like environmental science, economics, and social studies.

Conclusion

This "Under the Tree" session was an invaluable experience that broadened our understanding of the intersection between statistics and sustainable development.









B.Sc (MSCS)IB

Organic cultivation and distribution of freshly grown green leafy vegetables

Organized by: Department of Genetics and Biotechnology, BVC in association with IQAC.

Date of distribution of leafy greens: 1st October to 5th October 2024

Area of cultivation: Terrace Garden in the first floor of Science Block.

Objective of the activity: The farming activity was carried out to inculcate in the young minds of students the health concept of growing green leafy vegetables on a small-scale basis which can also be extended to larger areas to meet the consumption needs of the immediate neighborhood.

The Department of Genetics and Biotechnology in association withInternal Quality Assurance Cell has successfully grown green leafy vegetables like Amaranthus, Fenugreek, Spinach, Indian sorrel along with green gram microgreens. Students of UG first year were involved in the organic farming project. These leafy vegetables were organically grown and packed in bunches of about 200 grams and distributed in batches to the honorable Principal, Dr. GSVRK Choudary, IQAC coordinator Mrs. B. Niraimathi, HoD Dr. B.Kalpana, Dr. S.Nagamanju, faculty of Biotechnology and other faculty members.

Method used: In the first week of September, seeds of Amaranthus, Spinach and Indian Sorrel were carefully placed in the soil enriched with organic manure and watered regularly with a spray can.

In three-fourweeks' time,young plantlets with adequateleaves were produced.

Overnight soaked seeds of Green gram and Fenugreek were grown inside trays layered with wet blotting paper sheets to get the seeds germinating and developing into small plantlets with tender leaves.

Challenges: Since there were heavy rains in the month of September 2024, the first batch of seeds could not germinate due to excess water in the soil. We had to wait for the climate to become normal and then sowed the seeds again and obtained the first produce from the 1st of October onwards.

Some Amaranthus plantlets had damaged leaves due to pests (thrips) eating them. We sprayed turmeric water & dry coal ash to prevent thrips infestation.

Amount of produce: About 250 grams of all the leafy greens and microgreens were harvested and distributed within the campus.

Materials used:

- Seeds
- Compost and cow dung
- Watering can
- Gardening tools – shovel, spade and trench fork
- Organic pest control solutions- turmeric water and dry coal ash

Tools Involved:

- Gardening tools (shovel, spade& trench fork)
- Watering system (can)
- Seed trays (for green gram & fenugreek microgreens)

Place of Activity:

- Terrace Gardenwith good sunlight exposure in the Science Block.

Outcome:

The activity promotes among students'an interest in growing plants for good health and encourages them to follow sustainable practices.

Conclusion: The activitywill motivatestudents to take up organic farming as a profession with a good source of income.

The project emphasizes the need to contribute towards healthy food production and reduce reliance on external sources as a step towards self -sufficiency.


















Micro
Green



Awareness Campaign on Green Technologies

Date of Activity: 10/09/2024 to 07/10/2024

Description

The "Green Technologies" initiative was launched to spread awareness about sustainable technologies and encourage green living among the public. This campaign aimed to educate individuals on the benefits and implementation of green technologies through informative and engaging videos.

The activity commenced with an idea generation session on 10th September 2024, where participants brainstormed and discussed various sustainable technology concepts. Following this, the finalization of scripts for eight different topics was conducted as a part of a class activity, integrating the marketing subject into the campaign on 15th September 2024.

By 20th September 2024, the production of videos was completed, showcasing different sustainable technologies. Editing was carried out, and the videos were finalized by 6th October 2024. These videos were subsequently shared on social media platforms such as YouTube under the hashtag #ApexSDG and on WhatsApp, reaching a broad audience across various groups.

Video Themes

The videos were designed to be informative and factual, structured into three parts:

- Identifying the Problem: Highlighting the environmental challenges and issues related to unsustainable practices.
- Suggesting Remedies: Presenting sustainable technologies as solutions to these challenges.
- Explaining Individual Roles: Educating the audience on how they can contribute to using these technologies and where to access them.

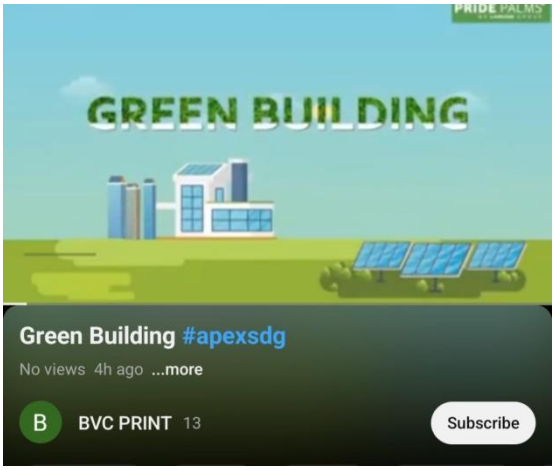
Topics Covered

S.No	Idea Promoted	Video Description	Link of the video
1	Electric Vehicles	Promotes the environmental benefits, cost-efficiency, and advanced technology of EVs for a sustainable future.	https://youtu.be/drsujIhwSgY?si=WXz5f9wRT6l0zHYW
2	Automatic Watermotor & Electric Vehicles	1) Showcases an automatic water motor system's efficiency and sustainable water management. 2) Highlights electric vehicles for reducing carbon emissions.	https://youtu.be/HH-eergE-IQ?si=CPA3d3lMcaSTfOXU https://youtu.be/tgEaiC9eFIc?si=gFhsJulTchwEvLDI
3	Sustainable Agriculture	Highlights the importance of sustainable agriculture through economic and feasible options with Kheyti.	https://youtu.be/7QL6MtllhXM?si=7GiL_TFEM7VvMyMM
4	Electric Vehicles	Promotes electric vehicles with a dynamic dance performance emphasizing eco-friendly transportation for a cleaner future.	https://youtu.be/QvVUk82-1Rw?si=A-CRuwyJNpb_wauP
5	Recycled Clothing	Explains the benefits of using recycled clothing and the environmental impact of fast fashion.	https://youtu.be/3OTRUyWCOOg?si=N3PFaN34eywGYc61
6	Soap Bottle	Highlights the 'soap bottle' product, its eco-friendly advantages, and basic information about pricing and availability.	https://youtube.com/shorts/jN_yRK3rV90?si=5Vmk1eFomJI0aYtx
7	LED Lights	Promotes energy-efficient LED lighting, highlighting benefits such as energy savings, long lifespan, eco-friendliness, and cost-effectiveness.	https://youtu.be/i7PmAVNKdHE?si=IofY8A2xWIeen2jy
8	Solar Panels	Explains the use of solar panels for farmers, promoting clean and renewable energy, cost savings, and benefits like increased property value.	https://youtu.be/E7L_BmBxgRA?si=ZeCFrmGDWJ92Buzo
9	Green Building	Provides information about green building practices, highlighting advantages and management of water, energy resources, and pollution.	https://youtu.be/73fA8I7-Hg0?si=ZGXcDuGBgr3hMFhb

List of students Participated

S.No	Idea Promoted	Team Members & Classes
1	Electric Vehicles	Sreenand (1HBA), Neekir (1HBA), Vamsi (1HBA), Param (1HBA), Harit (1HBA), Bhavesh (1HBA), Siddharth O Nair (1H2)
2	Automatic Watermotor & Electric Vehicles	Bhoomika (1HBA),Khushi Singh (1HBA), M. Durga (1HBA),G. Shreya (1HBA), Sahithi (1H2),Hari (1H2)
3	Sustainable Agriculture	Helen Senorita (1HBA), Akshaya (1HBA), Hariharan (1H2),Aashritha (1H2), Sai Prerana (1HBA),Aryan (1H2)
4	Electric Vehicles	Kruthi Paturi (1HBA), Nagambika Devi (1HBA), Shailaja (1HBA), Sri Radhamrutha (1HBA), Siri Mamindla (1H2), Yuvasree (1H2)
5	Recycled Clothing	Tina (1HBA), Dikshita (1HBA), Aditi Agarwal (1HBA), Keisha (1HBA), Tanishka (1HBA), Srushty (1H2)
6	Soap Bottle	S.S. Jahnavi (1H2), Sreenidhi (1H2), Savitri (HBA), B. Lalitha (HBA), Manideepa (HBA), Kriti (HBA)
7	LED Lights	Tisha Jain (1H2), Teena Solanki (1H2), T. Naga Sreehitha (1H2), V. Sivanvitha (1H2), Akshitha (1HBA), Varshini (1HBA)
8	Solar Panels	Vanshika (1H2), Harshitha (1H2), Krupa Harini (1HBA), Nishitha (1HBA), Prasanna (1HBA),Nandini (1HBA)
9	Green Building	Princy (1H2),Raachitya (1H2), Akshaya (1H2), Vimala (1H2), Pranavi (1H2), Vishwa Teja (HBA)

Images of the activity conducted









Conclusion

This campaign successfully engaged students and the public in learning about and promoting sustainable technologies. The diverse topics and innovative approaches used in the videos helped reach a broad audience, encouraging environmentally responsible behaviors. By sharing these videos on social media, the campaign leveraged technology to spread awareness and inspire positive change.

Activity: Create videos on the situations and conditions of the elderly people in your district. Post on social media with #apexsdg.

What:

- Objective:

To create videos with themed 'Elder Abuse' – SDG goal 16 and post them on Social media to raise awareness of the issue and uphold the honour and dignity of the elderly.

Why:

- Purpose: 'Elder Abuse' is a problem that plagues the modern society and is often ignored. Upholding the dignity of the elderly and protecting them from all sorts of abuse is our responsibility. 'Elder Abuse' like any other abuse, should be voiced against. It is our moral and social responsibility to protect elders, who have contributed to the society in one way or the other.

How:

1. Planning:

- A student group was formed to plan for the activity/challenge.
- Students were informed of the challenge and they were encouraged to take part in it.
- A plan was chalked out to accomplish the task.
- Students were further divided into 2 groups – one for performing the skit and recording it, and the other group for interacting with the elderly and the adolescents.
- An old age home was identified for the task. Students who were comfortable expressing themselves were also identified.
- Students were instructed not to compel anyone to participate in the interactions and the respondents were made clear of the objective of the challenge.

2. Promotion:

- Promotion of the activity/challenge was done through WhatsApp groups to gather students and present an opportunity to the enthusiastic students to participate in the challenge. Videos were then uploaded on Social media for wider circulation.

3. Execution:

-Students were gathered and informed of the challenge. They were encouraged to take up the challenge and then divided into groups to take up 2 tasks related to the activity. An old age home was identified, permission was sought and the elderly were interviewed. Students were also interviewed. Skit was performed and recorded. Recordings were made, edited and uploaded on social media platform.

Where:

- Location:

- Bhavan's Vivekananda College campus for performing and recording the skit and also for interacting with the youngsters to record their views.
- St. Anthony's Old age home, New Mirjalguda, Malkajgiri for interviewing the elderly.

When:

- Date and Time:

- Skit: 09-10-‘24; 12:30 p.m.
- Interview 1(with students at the college) – 07-10-’24; 3;30 p.m.
- Interview 2 (at the old age home)–08-10-’24; 3:30 p.m.

- **Duration:** The challenge had 2 segments: Segment 1 – the skit – 6 min. 40 sec. Segment 2 – the documentary – 4 min. 6 sec.

Who:

- Participants: UG students

Sl .No.	**Name**	**Class and Year**	**Roll No**	**Role**
1	Rishi Bharadwaj	B.Sc HDS-3	107222546047	Son
2	MeenakshiHariprasad	B.Sc HDS-2	107223546014	Volunteer
3	N. Charan	B.Sc HDS-2	107223546033	Grandfather
4	Palani Kumar	B.Sc Mecs-1	107224474009	Co-Volunteer
5	Harsha	B.Sc Mscs-1	107224467089	Grandfather-2
6	Voshmita	B.Sc Mecs-1	107224474043	Daughter –in-law
7	AbhinayaSriram	BA MPSE -2	107223392013	Receptionist
8	MohanaRamagiri	BA MPSE -2	107223392030	Grand Daughter
9	Absolom Arnold	BA MPE-3	107222391049	Director
10	PalamSaiHarsha	BA MPE-3	107222391043	Cinematographer

- Coordinators:
  - Mrs. S. Usha Rani, Asst. Professor, Dept. of Languages
  - Ms. P. Aishwarya, Asst. Professor, Dept. of Languages

Materials Required:

- Stationery
- Mobile phones

Tools Involved:

- Camera/mobile phone
- Editing software
- MS office for documentation and preparing the list of students
- Social media platforms: WhatsApp for coordinating with the students
YouTube/Instagram for uploading the videos

Time/Duration/Frequency:

- Time: 2 videos; Video 1 - 6 min. 40 sec. Video 2 : 4 min. 6 sec.
- Frequency: One-time event; though it was conducted as a one-time activity, videos posted on social media will be circulated and will serve the purpose. Other activities can also be planned with the same theme and can be done whenever there is an opportunity.

Place of Activity:

- The skit was performed and recorded at the Science Quadrangle of the college.

Interaction with the elderly was done at the St. Anthony’s Old age home, New Mirjalguda, Malkajgiriand interaction with the young minds happened on the campus(BVC).

Report Format:

1. Introduction:

- 'Elder Abuse', SDG goal 16, though a noticeable problem especially in today's society, is often not addressed well. Ill-treating the elders and denying them the care and concern that they deserve in a ripe age when they should be enjoying their time with their loved ones after fulfilling all their responsibilities, is an unfortunate situation.

2. Planning and Preparation:

- Students were gathered, plan was chalked out. It was decided to create 2 videos – one of the skit and another of the documentary containing narratives and opinions of the elderly and the students on the theme 'Elder Abuse'. The videos were edited and uploaded on Social media platforms(Instagram/YouTube).

3. Execution:

- Students were informed of the activity/challenge and encouraged to take part in it. Uponidentification of the enthusiastic students, they were dividedinto 2 groups –one for performing and recording the skit and another for making a documentary of their interaction with the elderly and youngsters. 10 students participated in the skit and the documentary. Students actively participated and took up all the responsibilities of the task – identifying an old age home, seeking permission to record the interactions with the elderly, identifying studentsto express their thoughts, preparing the script for the skit, recording and editing the activities.

4. **Challenges and Solutions:**

Challenge 1:

- As students of different streams participated in the challenge, it was difficult in finding a common time amidst their busy academic schedule.
  Solution:
- Meticulous and tedious planning, adjustments and modifications were made overcoming this challenge.

Challenge 2:

- Students faced a challenge in obtaining permission for interacting with the elderly at the old agehome, as a few of them denied permission and some asked them to come at a later time.

Solution:

- An old age home which permitted them to interview the elderly was identified.

5. **Impact and Feedback:**

- The students had an experience of being part of a responsible act. They were, and all of us were, in the process , sensitised to the problem and the dire need to address it.

6. **Recommendations:**

- Activities like this should be conducted more often and promoted widely to raise awareness.

7. **Visual Documentation:**





Glimpses from the skit





Glimpses from the skit



Interview with the elderly at the old age home



Student being interviewed

https://youtu.be/UnbezqG9M-0 (link for the documentary)

https://youtu.be/za-SghdBKsc(link for the skit)

8. Conclusion:

The activity has raised awareness of 'Elder Abuse'. It has allowed the faculty and the students to take this issue seriously and start making changes beginning with our homes.



SDG -3 (Awareness on Good Health)

SDG -13 (Climate Action)

Report

Title: Make a video about illnesses caused due to Pollution/eating high calorie food/ junk food/ unprotected food/ overeating food/ malnutrition/ lack of sanitation and hygiene

Introduction:

Overview of the initiative

This initiative aims to raise awareness about the various health issues caused by modern lifestyle choices and environmental factors. It will explore how pollution, unhealthy eating habits and poor sanitation can significantly impact our well-being.

Pollution:

- **Air pollution:** Respiratory diseases, heart problems, and cancer.
- **Water pollution:** Contaminated drinking water, gastrointestinal illnesses.
- **Soil pollution:** Heavy metal exposure, neurological disorders.

Unhealthy Eating Habits:

- **High-calorie food:** Obesity, diabetes, heart disease.
- **Junk food:** Nutrient deficiency, weight gain, digestive problems.
- **Overeating:** Digestive issues, metabolic disorders.
- **Malnutrition:** Stunted growth, weakened immune system.

Poor Sanitation and Hygiene:

- **Contaminated food:** Foodborne illnesses (e.g., *Salmonella,E. coli*).
- **Unsanitary environments:** Spread of diseases (e.g., Cholera, Typhoid).

Objectives

1. To promote awareness of environmental issues and advocate for sustainable practices.
2. Encourage viewers to improve sanitation and hygiene.

Methodology:

Step 1: Preparation of Flyer with details on the proposed topics.
Step 2: Circulation of the flyer to all students via, their respective class WhatsApp.
Step 3: Collection of all the videos shared through the drive link circulated in the flyer.
Step 4: Checking the quality and content of all the videos.
Step 5: Student coordinators monitored the entries and availability of active videos.
Step 6: Selection of the video appropriate to the given title.
Step 7: Uploading all the videos in the social media (College Instagram with #apexsdg)
Step 8: Announcement of best content developer.
Step 9: Compilation of the report for the activity.

Precautions taken to conduct the activity

Following guidelines were prepared and circulated along with the flyer.

- Only one entry per participant.
- Entries can be submitted in English, Telugu/ Hindi only.
- Last date to submit using Google link by 21/09/2024, 23:59 hrs.
- Entry must be submitted in "mp4" format only.
- Entry must be original.
- Only fresh entries accepted. Previously submitted copies are not allowed.
- The entry must not exceed the prescribed time limit of 120 seconds.

Results:

To inspire action and raise awareness, we organized a reel-making competition focusing on pressing health issues like pollution, unhealthy eating habits, food safety, and sanitation. The competition proved successful in educating students about these topics. The competition was a fruitful endeavour in fostering awareness.

Challenges:

- Academic schedule was one of the challenges faced by the students.
- Resources and infrastructure facility to capture videos and editing.

Solution:

- Extension of last date to submit the videos was announced to students due to their examination.
- BA Mass Communication lab (Editing Suite – Media Centre) was used by students for enhanced video quality and editing purpose.
- Student coordinators used the Media Centre to check the quality of videos, originality of the content and for uploading in the college Instagram via., Bhavans bytes

Impact:

The participation of students from various disciplines showcased their concern and thoughtful approach. This should encourage the current generation to embrace self-responsibility.

Recommendations:

- Reduce pollution by reducing use of plastics – Circular to avoid use of balloons in college activities.
- Boards/ plug cards regarding "Say NO to Plastic", around the campus.
- Support extended by the canteen committee to stop the sales of water bottles in the campus on every Friday.

Conclusion

Outcome

Out of the 17 Sustainable Development Goals (SDG) laid as in 2030 agenda, we could provide awareness to students on Good Health (SDG-3) and Climate action (SDG-13) affordable and clean energy, sustainable cities and communities and climate action. Students have taken the initiative in spreading the awareness to create a change "within", not to wait for others to do.

The students took an active approach in learning by investigating and documenting the causes, challenges, and potential future outcomes of specific health issues. They were also actively involved in creating content by carefully examining and incorporating information from a variety of articles, media, and other resources.

Future plans

To conduct more activities to

- Create a healthy food environment at home and work by stocking up on nutritious options and limiting unhealthy temptations.
- Identify and avoid factors that trigger situations and emotions in eating unhealthy foods and develop strategies to cope with them.
- Launch public campaigns to promote sustainable practices and encourage individuals to reduce their environmental impact

Attachments:

Social media links for the videos

Illness due to Pollution

https://www.instagram.com/reel/DAu1aufAq0Z/?igsh=MTU4ajc5c3owdXJmZQ==

https://www.instagram.com/reel/DAu2jlRgZUF/?igsh=cTNzMHJqZG82b2Jj

https://www.instagram.com/reel/DAu3-MYg-me/?igsh=Z3dxeDBwbXZsN3Bq

Illness due to Junk food

https://www.instagram.com/reel/DAu3bvSgbpg/?igsh=MTc1cDU4bWk4ZWR0dg==

https://www.instagram.com/reel/DAu24i4gb-l/?igsh=cjR6Y3pxYXU0aGhx

https://www.instagram.com/reel/DA2IwMmghJr/?igsh=MmExNGRzcTNvcWE1

Illness due to lack of Sanitation and Hygiene

https://www.instagram.com/reel/DAu5DCrA3hn/?igsh=cTd6ZTJpbmdkdmFx

https://www.instagram.com/reel/DAu4nLNA1Oz/?igsh=dHJvejRyMWkzcjFi

Illness due to unprotected food

https://www.instagram.com/reel/DAu42klABc_/?igsh=MWp0eWlsam1jZ3Vvcw==

Bharatiya Vidya Bhavan

BHAVAN'S VIVEKANANDA COLLEGE
OF SCIENCE, HUMANITIES & COMMERCE
SAINIKPURI, SECUNDERABAD- 500094
AUTONOMOUS COLLEGE, AFFILIATED TO OSMANIA UNIVERSITY
Re-accredited with "A" Grade by NAAC

Department of Biochemistry & Nutrition
&
Faculty of Arts

IN ASSOCIATION WITH

Internal Quality Assurance Cell (IQAC)
is organizing

REEL-MAKING COMPETITION

Awareness on Good Health and Wellbeing (SDG-3)
Climate Action (SDG- 13)

THEME: Illness due to:

- Pollution
- Over Eating
- High Calorie Food
- Junk Food
- Unprotected Food
- Lack of Sanitization & Hygiene
- Malnutrition

Register Now

DATE OF SUBMISSION:
13.09.24 to 21.09.24

Guidelines

1. Only one entry is allowed per participant.
2. Entries can be submitted in English/Telugu/Hindi only.
3. To participate in the competition, interested students must submit their entry using the Google Link by 21/09/2024, 23:59 hrs. Late submissions will not be accepted.
4. The entry must be submitted in ".mp4" format only.
5. The entry must be original.
6. Only fresh entries accepted. Previously submitted copies are not allowed.
7. The entry must not exceed the prescribed time limit of 120 seconds.

For further queries, contact

Faculty Coordinators

Dr. S. Vanitha
Assistant Professor
Dept. of Biochemistry & Nutrition
9985549428

Mr. Shiva Thrishul P
Assistant Professor
Dept. of Mass Communication
9704730418

Student Coordinator

Sanaa, BA III
8639336728

D. Aravind , B. Sc. III yr BCNDC
7337511702

Instagram



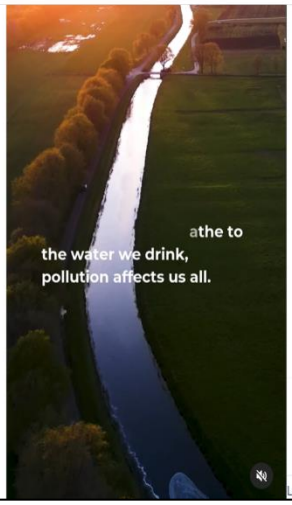
bhavansbytes • Follow
ocse_school_pal • Original audio

bhavansbytes Illness due to lack of sanitation

Department of Biochemistry & Nutrition & Faculty of Arts in association with Internal Quality Assurance Cell (IQAC) had conducted Reel making competition from 13.09.24 to 21.09.24 on the topics Illness due to: Pollution, Over Eating, High Calorie Food, Junk Food, Unprotected Food, Lack of Sanitization & Hygiene, Malnutrition as part of sustainable development goals.

2d

Instagram



bhavansbytes Illness due to air pollution

Department of Biochemistry & Nutrition & Faculty of Arts in association with Internal Quality Assurance Cell (IQAC) had conducted Reel making competition from 13.09.24 to 21.09.24 on the topics Illness due to: Pollution, Over Eating, High Calorie Food, Junk Food, Unprotected Food, Lack of Sanitization & Hygiene, Malnutrition as part of sustainable development goals.

2d

30 likes
2 days ago

Log in to like or comment.

Instagram



bhavansbytes • Follow
Original audio

bhavansbytes Illness due to junk food

Department of Biochemistry & Nutrition & Faculty of Arts in association with Internal Quality Assurance Cell (IQAC) had conducted Reel making competition from 13.09.24 to 21.09.24 on the topics Illness due to: Pollution, Over Eating, High Calorie Food, Junk Food, Unprotected Food, Lack of Sanitization & Hygiene, Malnutrition as part of sustainable development goals.

2d

Instagram



bhavansbytes • Follow
Original audio

bhavansbytes Illness due to air pollution

Department of Biochemistry & Nutrition & Faculty of Arts in association with Internal Quality Assurance Cell (IQAC) had conducted Reel making competition from 13.09.24 to 21.09.24 on the topics Illness due to : Pollution, Over Eating, High Calorie Food, Junk Food, Unprotected Food, Lack of Sanitization & Hygiene, Malnutrition as part of sustainable development goals.

2d

agree to Instagram's Terms of Use and Privacy Policy.





Bhavan's Vivekananda College

Of Science , Humanities and Commerce Sainikpuri ,
Secunderabad - 50009 Autonomous College, Affiliated to
Osmania University Re accredited with 'A' grade by NAAC



Internal quality assurance cell (IQAC)

In collaboration with

THE BHARAT SCOUTS AND GUIDES

Vivekananda and Sarada Devi unit

Is conducting

A Quiz Competition on SDG Goals with the goal of increasing awareness and encouraging action for school and college students

Click Here for Quiz

The last date for the competition is 21 sep 2024

Event co-ordinator
Dr. N. Chandan Babu
RSL, Dept. of Mathematics and Statistics
9392252883

Bharat Scouts and Guides

Report on a quiz competition on SDG goals

Introduction

The quiz competition for Local Schools was initiated as part of a larger effort to align with the United Nations Sustainable Development Goals (SDGs), particularly focusing on Quality Education (SDG 4). The program's core objectives are to:

- To create the awareness among the students regarding Sustainable goals.
- Educate participants about the importance of achieving the SDGS.
- Encourage critical thinking and knowledge sharing on sustainable development.

The quiz competition was conducted by Bhavan's Vivekananda College in different government schools. The quiz competition reflected the knowledge of the students regarding the SDGS.

From September 18th to September 21st2024, the Bharat Scouts and Guides of Bhavan's Vivekananda College in collaboration with IQAC of Bhavans Vivekananda College hosted a significant awareness campaign as part of the quiz competition. Its primary goal was to engage students in quiz for SDGs, particularly related to energy consumption, reduction of plastic, save water, clean air, healthy eating, helping animals etc. The campaign provided a platform for students to engage in proactive quiz, fostering understanding and encouraging the youth to contribute towards the fulfilment of SDG goals in their communities.

Planning and Preparation: It Includes

Preparation of the questions: Questions were categorised according to the SDG goals. Where various topics was selected from the goals like water, air, energy etc. and then the questions were prepared accordingly.The quiz questions were set in both English and the regional language Telugu. Setting quiz questions in Telugu offers numerous advantages, including improved understanding and comprehension, increased engagement and participation, preservation of culture and language, and enhanced cognitive development. It ensures equal opportunities for all learners, fosters inclusivity, promotes language development, and enhances knowledge retention. Additionally, it boosts local identity and pride, making learning both meaningful and culturally enriching for students.

Selection of questions: Selection of questions were based on the criteria of easy, medium and hard.

Selection of schools: It was decided to conduct the quiz among the government school students. So the school were decided according to the locality.

Summary of the program:

The quiz competition for Local Schools, conducted by Bhavan's Vivekananda College, aimed to educate and inspire government school students about the 'United Nations' sustainable goals (SDGs) and encourage them to become active contributors to achieve these goals.

The program successfully nurtured both academic growth and social responsibility, encouraging students to contribute positively to their communities.

Outcomes

The quiz competition resulted in several positive outcomes for the both the volunteers and the students.

Increased Awareness of SDGs: Through quiz competition related to the Sustainable Development Goals, students gained a deeper understanding of the importance of Quality Education,and Environmental Responsibility, and learned how they can contribute to these global objectives.

- Increased awareness about SDGs among students and teachers.
- Improved knowledge and understanding of sustainable development concepts.
- Enhanced critical thinking, teamwork, and problem- solving skills.
- Encouragement of interdisciplinary learning and collaboration

Feedback:

Feedback is essential to ensure the continuous improvement and success of the quiz competition. Hence feedback is taken from

- **Principals**:The school principal and administrators provided positive feedback on the quiz competition. They appreciated the efforts of BSG unit of BVC.They suggested organizing this kind of programs once in month as per the availability of the resources.
- **Teachers:** The teachers appreciated the efforts of the volunteers and they were happy as the students of the school got the information about the SDGS. And they got a chance to learn something new and useful.
- **Students**: The students of the schools were enthusiasts and active throughout the quiz competition as they got a chance to be a part of excited competition.

Future Recommendation

To enhance the effectiveness of quiz competition on SDGS, the following recommendations were proposed:

- Theme – specific
- Expansion ideas
- Technology integration
- Outreach and partnerships
- Prize and incentives
- Marketing strategies
- Evaluation and feedback

Conclusion:

The quiz competition has proven to be a transformative initiative, effectively bridging the gap between students and SDGs.

By fostering academic support, personal development, and awareness of the Sustainable Development Goals (SDGs), the program has enhanced the educational experiences of participating students.

Feedback from principal, teachers and students indicates a strong desire for continued involvement and an appreciation for the skills and knowledge gained through the program.

As the program looks to the future, the recommendations for improvement suchevaluation and feedback, expansion ideas, marketing strategies, prize and incentives etc will serve to enhance its effectiveness and sustainability.

With ongoing commitment and adaptation, the quiz competitioncontinued to create lasting impacts, fostering a generation of informed, responsible, and socially conscious individuals ready to contribute positively to their communities.

Photos:











List of Participants:

S.No	Name Of School	No. Of Participants		Total Participants
		English	Telugu	
1	ZPHS School Balaji Nagar	30	15	45
2	ZPHS School Yapral	30	15	45
3	ZPHSCheeryal	23	14	37
4	ZPHSYadgrapally	15	12	27
5	ZPHS Macha Bollaram	17	15	32
6	GHSBollarm, Thirmalagherry	41	0	41
	Total	156	71	227

College Students link:

S.No	**Name of the school/college**	**No. of participants**
1	Amrita vishwavidyapeetham	**1**
2	Army public school bolaram	**2**
3	Bhavan's Vivekananda College	**125**
4	Indian Institute Of Technology delhi	**1**
5	Keyes Degree College	**1**
6	KVS	**1**
7	Mallareddy college of engineering	**1**
8	St. Fransis college for women	**6**
	Total	**138**

Volunteers list:

S.No	Name of volunteers	Name of school and place
1	Tisha, Shiva Charan, Prashant	ZPHS Macha Bollaram and GHSBollaram, Thrimalagheery
2	Bharaghavi and Swetha	ZPHS Yapral
3	Twinkle and Narayan	ZPHS Balaji Nagar
4	Harishwar and Sanjay	ZPHS Cheeryal and Yadgrapally

Report Prepared By:

Dr.N.ChandanBabu,
AssistantProfessor,
Departmentof Mathematics and Statistics
Rover Scout Leader(RSL).

Bharatiya Vidya Bhavan

BHAVAN'S VIVEKANANDA COLLEGE

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12/2 COY

The 12/2 COY NCC of

Bhavan's vivekananda college

in collaboration with

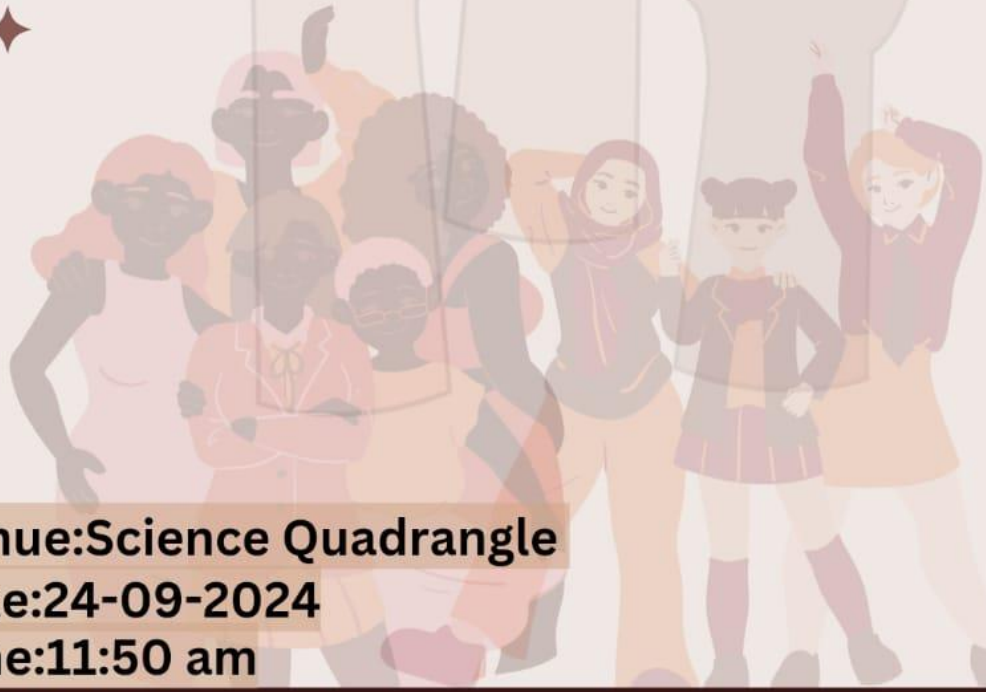
Internal Quality Assurance Cell (IQAC)

is Organizing

WOMEN LIFT UP WOMEN

Street play on Gender equality

"Breaking Barriers"



Venue:Science Quadrangle

Date:24-09-2024

Time:11:50 am

#WOMENEMPOWERMENT

Bharatiya Vidya Bhavan

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is Organizing

WOMEN LIFT UP WOMEN

Street play on Gender equality

"Breaking Barriers"



Venue: Bhavan's Sri Ramakrishna vidyalaya

Date:30-09-2024

Time:08:00 am

#WOMENEMPOWERMENT

Report on the Street play "Breaking Barriers" by NCC Cadets

Event Title: Street play "Breaking Barriers"

Theme: Gender Equality

Organized by: NCC Cadets of Bhavan's Vivekananda College and IQAC Cell

Venues and Dates:

Bhavan's Vivekananda College – 23rdSeptember, 2024

Time: 11.45 a.m

Bhavan's Sri Ramakrishna Vidyalaya – 30thSeptember, 2024

Time: 8.00a.m

The 12/2 COY NCC of Bhavans college in association with IQAC Cell organised a Street playtitled "Breaking Barriers"focusing on challenging gender roles and promoting equality.The theme directly supports the objectives of SDG 5(Gender Equality: Achieve gender equality and empower all women and girls.) and SDG goal 10 (Reduced Inequality: Reduce inequality within and among countries.).

Objective of the Street Play:

The main objective of the street play "Breaking Barriers" was to:

- Promote awareness about gender equality.
- Challenge and break down the stereotypes, misconceptions, and social norms that contribute to gender discrimination
- Spread the message of equality and inclusivity in everyday interactions and decisions.
- Initiate a community dialogue on the importance of treating all genders with respect and fairness.

The NCC cadets of Bhavan’s Vivekananda College performed the street play "Breaking Barriers" on two occasions. The first performance was held within the college on the 23rdof September 2024, while the second performance was at Bhavan's Sri Ramakrishna Vidyalaya on the 30thof September 2024. Both performances attracted a large audience, with students and faculty members engaging in the event.

The street play explored various themes, such as:

- Gender-based discrimination in education, workplace, and society
- Empowerment of women and men to be free from stereotypes

Outcomes of the Event:

- Increased awareness of gender issues by understanding discrimination, empathy for affected individuals
- Shift in perspectives by challenging stereotypes

- Promoting behavioural change by personal reflection
- Impact on Youth as plays are an effective tool in educating young people about gender discrimination, as they provide engaging, relatable scenarios that can shape their worldview and behavior at an early age.

Conclusion:

The street play "Breaking Barriers" succeeded in its objective to raise awareness about gender equality and inspire the audience to challenge societal norms that perpetuate gender-based discrimination. The efforts of the NCC cadets and IQAC Cell in putting together this performance not only demonstrated their commitment to social causes but also their ability to act as change-makers within the community. Both performances left a lasting impact on the audiences, encouraging them to reflect on their own attitudes towards gender equality and consider actions they could take to promote inclusivity in their environments.

The event was a clear testament to the power of youth-led initiatives in promoting social justice and equality, and it is hoped that such efforts will continue in the future.








GPS Map Camera
Secunderabad, Telangana, India
165, Vivekandapuram-CDM Rd, Vivekanandapuram Colony, Sainikpuri, Secunderabad, Telangana 500056, India
Lat 17.490946°
Long 78.533888°
30/09/24 08:16 AM GMT +05:30
Google


GPS Map Camera
Hyderabad, Telangana, India
Mahaveer Bhavan, 164, Vivekanandapuram Colony, Sainikpuri, Hyderabad, Secunderabad, Telangana 500094, India
Lat 17.490849°
Long 78.53392°
30/09/24 08:12 AM GMT +05:30
Google


GPS Map Camera
Secunderabad, Telangana, India
34/108/2, Vivekandapuram-CDM Rd, Vivekanandapuram Colony, Sainikpuri, Secunderabad, Telangana 500056, India
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NOMINAL ROLL OF THE NUKKAD NATAK(street play) PARTICIPANTS

S.No.	Roll no.	Rank	Name	Class/Department	College
1	107222402035	SGT	K.Manasa(event incharge)	B.Com Comp 3A1	Bhavan's Vivekananda College
2	107223861024	CDT	Daanesh Kumar(event 2IC)	BCA 2A	Bhavan's Vivekananda College
3	107223468038	CDT	Sikha Kumari Sharma	BSC MPCs	Bhavan's Vivekananda College
4	107223684077	CDT	Srimukhi Reddy	BBA 2B	Bhavan's Vivekananda College
5	107224474038	CDT	Ishtiyaqali	BSC MECs 1A	Bhavan's Vivekananda College
6	107224407032	CDT	Nischal Rao	B.com Hons.	Bhavan's Vivekananda College
7	107224402171	CDT	Sania Begum	B.com Comp 1A3	Bhavan's Vivekananda College
8	107224474009	CDT	Palani Kumar	BSC MECs 1A	Bhavan's Vivekananda College
9	107224407068	CDT	Aryan Duggirala	B.com Hons. 1H2	Bhavan's Vivekananda College
10	107224402118	CDT	Joycee	B.com Comp 1A2	Bhavan's Vivekananda College
11	107224861014	CDT	Biswajit Sahu	BCA 1A	Bhavan's Vivekananda College
12	107224468039	CDT	Ruhi	BSC MPCS	Bhavan's Vivekananda College
13	107224684068	CDT	Yashasvi	BBA 1B	Bhavan's Vivekananda College
14	107224467031	CDT	Rasheeda Begum	BSC MSCS 1A	Bhavan's Vivekananda College

BHAVAN'S VIVEKANANDA COLLEGE

Of Science, Humanities & Commerce
Sainikpuri, Secunderabad - 500094
Autonomous College, Affiliated to Osmania University.
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Develop a Mentorship Program for Local Schools

SUSTAINABLE DEVELOPMENT GOALS

Date - 12/09/2024
Time - 2pm
Venue - ZPHS School, Old Neredmet
Event - Session on SDG Goals

Topics Included

1. Health and Hygiene
2. Safety precautions
3. Resource management
4. Importance of Education
5. Body language
6. Child abuse and bad touch
7. Women safety
8. Hygiene practices
9. Mobile addiction and prevention of money scams

Organized by

Unnat Bharat Abhiyan

In Collaboration with

IQAC BVC

UnnatBharathAbhiyan

Report on Mentorship Program for Local Schools

Introduction

The Mentorship Program for Local Schools was initiated as part of a larger effort to align with the United Nations Sustainable Development Goals (SDGs), particularly focusing on Quality Education (SDG 4) and Good Health and Well-Being (SDG 3). The program's core objectives are to:

- Provide holistic and personal mentorship to school students.
- Address critical social and educational challenges faced by young students today.
- Promote leadership, personal development, and social responsibility among the students both mentors and mentees.

The mentors and mentees program between ZPHS Neredmet School and Bhavan's Vivekananda College is a fantastic way to achieve the SDG goals. The mentors play an essential role by offering guidance not only in academics but also in personal and emotional well-being, aligning their efforts with the global SDG framework.

On September 16th, 2024, Unnat Bharat Abhiyan Unit of Bhavan's Vivekananda College in collaboration with IQAC of Bhavans Vivekananda College hosted a significant awareness campaign as part of the mentorship program. Its primary goal was to engage students both mentors and mentees in discussions around the SDGs, particularly issues related to Good health & well-being, Quality education of today's youth. The campaign provided a platform for students to engage in proactive discussions, fostering understanding and encouraging the youth to contribute towards the fulfilment of SDG goals in their communities.

Planning and Preparation: It Includes

Recruitment of Mentors: The recruitment process focused on selecting passionate and dedicated students from Bhavan's Vivekananda College, who were committed to the goals of the mentorship program and the Sustainable Development Goals (SDGs).

Training Sessions: The mentors underwent comprehensive training sessions to ensure they were well-prepared to take on their mentorship roles

Logistical coordination: Schedules were aligned to ensure smooth interaction between mentors and mentees, with periodic check-ins to evaluate progress and address any issues that arose.

The mentorship program was carried out through a series of structured sessions designed to meet the objectives of providing academic support, addressing social challenges, and promoting awareness of the Sustainable Development Goals (SDGs).

Summary of the program:

The Mentorship Program for Local Schools, conducted by Bhavan's Vivekananda College, aimed to empower students by providing academic support, life skills training, and fostering awareness of the United Nations Sustainable Development Goals (SDGs), particularly Quality Education (SDG 4) and Good Health and Well-being (SDG 3). Mentors guided mentees on academic improvement, emotional resilience, and sustainable practices,

The program successfully nurtured both academic growth and social responsibility, encouraging mentees to contribute positively to their communities.

Outcomes

The Mentorship Program resulted in several positive outcomes for both the mentors and the mentees including

- **Increased Awareness of SDGs**: Through discussions and projects related to the Sustainable Development Goals, students gained a deeper understanding of the importance of Quality Education, Good Health, and Environmental Responsibility, and learned how they can contribute to these global objectives.
- **Community Engagement**: The hands-on projects, such as the community clean-up drive and mental health awareness campaign, fostered a sense of social responsibility among students, encouraging them to actively participate in community improvement initiatives.
- **Stronger Mentor-Mentee Relationships**: The consistent interactions between mentors and mentees created strong, supportive relationships that helped build students' confidence and motivation.
- **Leadership and Mentorship Development**: The program also benefited the college mentors, who gained valuable leadership, mentoring, and teamwork skills, enhancing their personal and professional growth.

Feedback:

Feedback is essential to ensure the continuous improvement and success of the Mentorship Program. Hence feedback is taken from

- **Teacher**: The school teachers and administrators provided positive feedback on the mentorship program's impact. They appreciated the efforts of UBA unit of BVC.They suggested organizing this kind of programs once in month as per the availability of the resources.
- **Mentees**: Mentees suggested extending the program duration and increasing the frequency of mentorship sessions to deepen the impact.

- **Mentors**: Many mentors noted that the experience significantly enhanced their leadership and communication skills. They found the opportunity to guide and

motivate younger students to be rewarding and transformative for their own personal growth. Mentors also appreciated the opportunity to contribute to the community and felt a strong sense of social responsibility as a result of their participation.

Future Recommendation

To enhance the effectiveness and reach of the Mentorship Program for mentees, the following recommendations are proposed:

- Increase Program Duration and Frequency
- Diverse Mentorship Activities
- Peer Mentoring and Group Sessions
- Enhanced Training for Mentors
- Community Partnerships
- Parental Involvement
- Focus on Sustainability
- Long-term Impact Assessment
- Celebration and Recognitions

Conclusion:

The Mentorship Program has proven to be a transformative initiative, effectively bridging the gap between Mentors (College Students) and Mentees (ZPHS School Neredmet).

By fostering academic support, personal development, and awareness of the Sustainable Development Goals (SDGs), the program has not only enhanced the educational experiences of participating mentees but has also empowered mentors in their leadership roles.

Feedback from Teachers, Mentors and mentors indicates a strong desire for continued involvement and an appreciation for the skills and knowledge gained through the program.

As the program looks to the future, the recommendations for improvement such as increasing program duration, diversifying activities, and strengthening community partnerships will serve to enhance its effectiveness and sustainability.

With ongoing commitment and adaptation, the Mentorship Program can continue to create lasting impacts, fostering a generation of informed, responsible, and socially conscious individuals ready to contribute positively to their communities.

Photos:

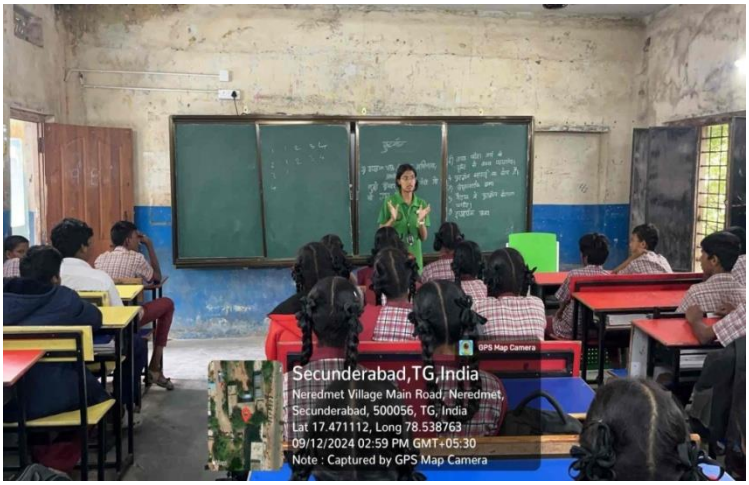
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GPS Map Camera
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Secunderabad, 500056, TG, India
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GPS Map Camera
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GPS Map Camera
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Secunderabad, 500056, TG, India
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GPS Map Camera
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Secunderabad, Telangana 500056, India
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GPS Map Camera
Secunderabad, Telangana, India
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Secunderabad, Telangana 500056, India
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Google

Participants from College

S.No	Roll number	Name of the Student	Class
1	107223467090	Kranthi Kiran	MSCS 2B
2	107223437055	Sivaramakrishnan	BCOM 2HBA
3	107223467052	Venkat Prasad	BSC MSCS 2B
4	107224407050	Maitreyee	BCOM 1H1
5	107224467009	Mohan	BSC MSCS 1A
6	107224467023	Ganesh	BSC MSCS 1A
7	107222467100	MahadevTumba	BSC MSCS 3B
8	107222402083	Manoj Reddy	BCOM 3A2
9	107223467094	Lavanya	BSC MSCS 2B
10	107223467043	Pranavi	BSC MSCS 1A
11	107223456706	Harshitha	BSC MSCS 2A
12	107223546035	Rithika	BSC HDS 2
13	107223546008	Rajeshwari	BSC HDS 2
14	107223407095	Nainsi Tiwari	BCOM 2H2
15	107222407022	Baby Sumana	BCOM 3H1
16	107224684021	Salena Joyce	BBA 1A
17	107224467081	Aarthi	BSC MSCS 1
18	107222652022	Vamikaanil	BINDC
19	107222402079	Raghu	BCOM 3A2
20	107222402074	Deepthi	BCOM 3A2
21	107223684098	Baby Sadhana	BBA 2B

Report: Slow Cycling

What?

The "Slow Cycling Competition" was organized on the 30th of September 2024 by the Internal Quality and Assurance Cell in collaboration with the Department of Management Studies. The event was aligned with the Sustainable Development Goal (SDG) 3: "Good Health and Well-Being," and aimed to promote physical health, environmental sustainability, and the use of eco-friendly transportation.

Why?

- To promote physical exercise and reduce health risks associated with sedentary lifestyles.
- To encourage the use of bicycles as an eco-friendly alternative to automobiles.
- To raise awareness about environmental sustainability, reducing carbon emissions, and fostering responsible consumption practices.
- To engage participants in activities that contribute to their health while also promoting environmentally conscious behaviour.

How?

1. Planning:

- The Internal Quality and Assurance Cell collaborated with the Department of Management Studies to conceptualize the event in alignment with SDG goals. The objectives were to promote health and well-being through cycling and to create awareness around sustainable urban living.
- A structured competition format was devised, focusing on maintaining balance and managing stress while riding at a slow, steady pace.
- The event was promoted through internal announcements and social media to ensure maximum participation from both students and faculty.

2. Promotion:

- Posters, digital media, and campus announcements were used to inform students and faculty about the event.
- Emphasis was placed on the environmental and health benefits of cycling as a means of transportation.

3. Execution:

- The competition was designed around slow cycling, requiring participants to ride their bicycles as slowly as possible while maintaining balance. The challenge tested participants' ability to manage stress and maintain control at a slow pace.
- The event attracted a large number of enthusiastic participants, leading to a second round to determine the Winner and Runner-up.

Where?

The event took place on campus football ground, in an open and accessible area that allowed for safe cycling.

When?

The competition was held on 30th September 2024.

Who?
The event involved faculty members and students from the Department of Management Studies. A detailed participants list is available in the attached repor
Materials Required:
- Bicycles for participants.
- Safety helmets and protective gear for all cyclists.
Tools Involved:
- Social media and internal announcement platforms to promote the event.
Time/Duration/Frequency:
- The event took place over the course of a day, with multiple rounds of the cycling.
Place of Activity:
- College campus Football ground, in a designated cycling area
Report
Introduction:
The "Slow Cycling Competition" was held on the 30th of September 2024, organized by the Internal Quality and Assurance Cell in collaboration with the Department of Management Studies. This event was aligned with the Sustainable Development Goal (SDG) 3: "Good Health and Well-Being," aiming to promote both physical fitness and environmental sustainability.

The event was designed to raise awareness about the benefits of cycling, not only as a form of physical exercise but also as an eco-friendly alternative to automobile transportation. Slow cycling encourages participants to manage stress, maintain balance, and ride at a controlled pace, making it both a physical and mental challenge. The activity aimed to engage students and faculty in a fun, interactive way, while promoting the use of bicycles as an alternative means of transport.

Planning and Preparation:
1. Collaboration and Event Design:
- The event was planned by the Internal Quality and Assurance Cell in collaboration with the Department of Management Studies.
- The aim was to promote SDG 3 (Good Health and Well-Being), SDG 11 (Sustainable Cities and Communities), SDG 12 (Responsible Consumption and Production), and SDG 13 (Climate Action).
- The focus was on organizing a competition that promoted health, sustainability, and environmental awareness.
Promotion and Outreach:
- Flyers, digital promotions, and internal announcements were used to attract students and faculty to participate in the competition.
- The event highlighted the health benefits of cycling and its positive environmental impact in reducing carbon emissions.
3. Logistics and Setup:
- A safe cycling area was designated on campus, ensuring enough space for participants to perform slow cycling without hazards.
- Bicycles were provided for participants who didn’t own one, and helmets were made mandatory for safety.

- The competition rules were structured around maintaining balance while cycling at a slow pace, with multiple rounds for participants.

Execution:

On the day of the event, the competition proceeded with great enthusiasm from both faculty members and students. Participants were tasked with riding their bicycles as slowly as possible without losing balance or stopping, with the aim of fostering balance control and stress management.

The flexibility of the event allowed participants to cycle at their own pace, ensuring safety while maintaining the core principles of the competition. The winners were decided based on their performance, with the top participants declared as the Winner and Runner-up.

Challenges and Solutions

1. **Challenge:** Some participants found it difficult to maintain their balance at such a slow pace.

- Solution: Organizers offered brief practice sessions before the event, helping participants get used to slow cycling and balancing techniques.

2. Challenge: Stress management was a challenge, as riding slowly requires calm concentration.

Solution: Event facilitators encouraged participants to practice breathing exercises and focus on maintaining a calm mindset while cycling.

Impact and Feedback:

The Slow Cycling Competition was a resounding success, achieving its goals of promoting both physical health and environmental awareness. Participants benefited from the physical activity, while the event also highlighted the importance of eco-friendly transportation

Feedback Highlights:

-Health Benefits: Participants acknowledged the benefits of cycling as a form of physical exercise that contributes to cardiovascular health and overall well-being.

- Environmental Awareness: The event helped raise awareness about reducing dependence on automobiles, encouraging participants to consider cycling as an eco-friendly alternative.

- Community Building: The competition fostered teamwork and camaraderie among participants, enhancing community spirit within the campus.

Recommendations and Conclusion:

1Recommendations:

- **Increase Frequency**: Hosting similar competitions more frequently can help build ongoing engagement with cycling and sustainability.

- **Expand Participation:** Future events could extend beyond the campus community to involve local residents and cycling enthusiasts.

- **Incentivize Participation**: Offering rewards for participants and certificates of recognition could further increase enthusiasm and involvement.

PHOTOS:









PARTICIPANTS LIST:

KodaariHariPrasadShivani	Student
GourishettyRagini	Student
Rahul Choudhary	Student
S.Srilakshmi	Student
Nerati Sai Shruthi	Student
A S Akhiladharan	Student
G Avinash	Student
K.AJITH	Student
Racha Siri Prathik	Student
SHABBIR ALI	Student
EnnishettiAishwarya	Student
Hari Chandana	Student
Jeripothula Rajesh	Student

Prathamjain	Student
KunarajuSaiprasanna	Student
AnsaarBaig	Student
RajashekarSundar	Student
Arkala Sai Aishvarya	Student
PrabhatHarithasAnnadanam	Student
J JAGAN NAIK	Student
KonthalapallySumanth	Student
SogathurSounderrajanMahalakshmi	Student
DANOLA SRIKANTH	Student
PeddintiSahitha	Student
ChettipalliSrikanthPavani	Student
Aravind Rao Neredukomma	Student
Pankaj Singh	Student
DivyanshShakya	Student
Adas Mahesh	Student
TalarlaVijaykumar Yadav	Student
Kunsothu Naveen Kumar	Student
MummadiBhanu Kiran	Student
Ramavathsanthukumar	Student
Ronith Agarwal	Student
B Vineeth	Student

Conclusion:

The Slow Cycling Competition successfully promoted physical fitness, mental focus, and environmental responsibility. By encouraging participants to embrace cycling as both a form of exercise and an alternative to automobiles, the event aligned with key Sustainable Development Goals, including SDG 3, SDG 11, SDG 12, and SDG 13. Participants left with a greater appreciation for healthy lifestyles and environmentally friendly practices, making the event a meaningful contribution to both personal well-being and sustainability.

Report Prepared by:
Dr. V. Ashwini, Mrs.G.Archana,
Assistant Professor,
Department of Management Studies, BVC.

Report on 5000 steps Challenge

What?

The "5000 Steps Challenge" was organized to promote health and well-being among faculty members and students. This activity is aligned with the Sustainable Development Goal (SDG) 3, which emphasizes "Good Health and Well-Being." The challenge required participants to walk at least 5000 steps daily, supporting cardiovascular health, mental well-being, and the development of healthy habits.

Why?

- To encourage physical activity.
- To promote cardiovascular and mental health.
- To cultivate healthy daily habits among participants.
- To engage the community in a shared wellness goal.

How?

1. Planning:

- The Internal Quality and Assurance Cell collaborated with the Department of Management Studies to design and organize the event.
- The objectives were set to align with SDG 3, and the challenge was structured to be inclusive for individuals of all fitness levels.

2**. Promotion**:

- Flyers and digital announcements were made to reach both faculty and students.
- The event was marketed as a community-building activity with the added benefit of improving personal health.

3. **Execution:**

- Participants were asked to walk 5000 steps, with progress tracked through digital step-counting devices.
- Community engagement was encouraged through group walks and shared experiences to motivate continued participation.

Where:

The challenge took place across the college Football ground.

When:

The activity was held on the 30th of September, 2024.

Who?

- Participants included faculty members and students from the college from different departments. (For a detailed list, please refer to the list enclosed below)

Materials Required:

- Comfortable walking shoes.
- Fitness trackers or mobile apps to monitor steps.

Tools Involved:

- Social media posts and internal announcements to promote the event.
- Step-counting devices (mobile apps or pedometers).

Time/Duration/Frequency:

- The challenge required participants to complete a minimum of 5000 steps daily. The overall activity lasted for one day but aimed to instill long-term healthy habits.

Place of Activity:

Football Ground, BVC

Report

Introduction:

The "5000 Steps Challenge" was organized on the 30th of September 2024 by the Internal Quality and Assurance Cell in collaboration with the Department of Management Studies. The event aimed to promote physical activity and well-being, aligned with the Sustainable Development Goal (SDG) 3: "Good Health and Well-Being." The initiative encouraged faculty members and students to walk at least 5000 steps daily, fostering a healthier lifestyle through cardiovascular exercise, mental well-being, and the development of sustainable health habits.

This challenge was designed to be inclusive, encouraging individuals from all fitness levels to engage in physical activity. Beyond personal health benefits, it aimed to create a sense of community and motivate collective wellness participation.

Planning and Preparation:

The planning phase involved collaboration between the Internal Quality and Assurance Cell and the Department of Management Studies. The primary focus was on ensuring the alignment of the event with SDG 3 and promoting it as a simple yet effective way to improve health.

Key steps in planning included:

1. **Objective Setting:** The challenge's primary goal was to promote cardiovascular health and mental well-being while fostering healthy habits.
2. **Logistics:** Participants were encouraged to track their daily steps through fitness trackers or mobile applications. The activity could be performed on campus or in any convenient location.
3. **Promotion:** A variety of promotional tools, including social media, flyers, and internal announcements, were used to raise awareness and encourage participation.
4. **Inclusion**: The event was structured so individuals of all fitness levels could participate, making it accessible and engaging for the entire community.

Execution:

On the day of the event, faculty members and students actively participated by walking a minimum of 5000 steps. This challenge promoted healthy competition, and participants tracked their steps using fitness apps, smartwatches, or manual counters.

Group walks were organized to encourage social interaction, and motivational posts on social media and internal channels fostered engagement. The flexibility of the challenge allowed participants to walk in and around the campus or in their own environments, making the event accessible and convenient for all involved.

Challenges and Solutions:

1. **Challenge**: Some participants found it difficult to track their steps, either due to a lack of fitness tracking tools or unfamiliarity with the technology.

-**Solution:** Organizers provided step-tracking apps and tutorials for participants unfamiliar with technology, ensuring that everyone could accurately track their progress.

2. **Challenge**: Maintaining consistent motivation throughout the event was another issue for some participants.

- **Solution**: Organizers encouraged community engagement by setting up group walks and sending daily motivational messages via social media and internal platforms. These activities helped participants stay on track and engaged in the challenge.

Impact and Feedback:

The impact of the "5000 Steps Challenge" was profound. It succeeded in promoting physical activity and creating a health-conscious atmosphere among faculty and students.

Feedback Highlights:

- **Physical Benefits**: Many participants reported improvements in their daily activity levels, experiencing better cardiovascular health and mental clarity.

- **Community Engagement:**The event fostered a sense of camaraderie and mutual encouragement, leading to increased participation and a greater sense of community within the institution.

- **Mental Well-Being**: Participants noted that the challenge helped them de-stress and take mental breaks, improving their overall well-being.

Recommendations

Increase Frequency: Organizing similar challenges more frequently, perhaps quarterly, could help foster ongoing healthy habits and sustained community engagement.

-**Tracking Tools:** Providing wearable fitness devices or dedicated step-counting apps as part of future challenges could make participation even more accessible.

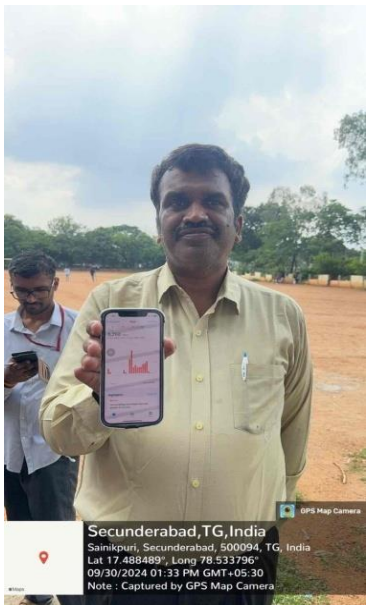
- **Incentives**: Adding rewards or certificates for participants who consistently meet or exceed the challenge goals would further motivate and engage participants.

Visual Documentation

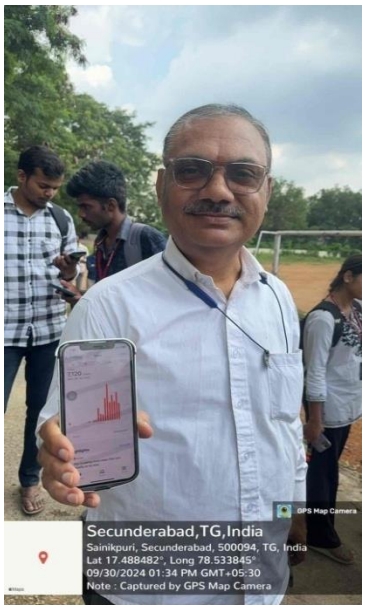
Photos:













Conclusion:

The "5000 Steps Challenge" was a resounding success, aligning with SDG 3 and effectively promoting physical health, mental well-being, and community involvement. The challenge offered an easy-to-implement yet impactful way to encourage daily exercise habits. Its inclusiveness and flexibility ensured that people of all fitness levels could participate. The positive feedback from participants highlights the value of such wellness initiatives in contributing to a healthier, more active community.

Participants List:

MAMILLA RACHANA	Student
Ettla Lahari	Student
Sanjana Dosala	Student
MAMILLA ABHINAY KUMAR	Student
Dharavathu Akhila	Student
Kodaari HariPrasad Shivani	Student
Gourishetty Ragini	Student
Rahul Choudhary	Student
S.Sri lakshmi	Student
Nerati Sai Shruthi	Student
A S Akhiladharan	Student
G Avinash	Student

K.AJITH	Student
Racha Siri Prathik	Student
SHABBIR ALI	Student
Ennishetti Aishwarya	Student
Hari Chandana	Student
Jeripothula Rajesh	Student
Pratham jain	Student
KUNARAJU SAIPRASANNA	Student
Ansaar Baig	Student
Ravula Bindu	Student
Neerati Madhu	Student
Vasista Karthikeya	Student
S Kavya	Student
Sidam jayasri	Student
K. Kavitha Kumari	Student
MUNAGALA SHRAVANRAJ	Student
M KARTHIKANAND	Student
Kushi Mundada	Student
Sanigala Mounika	Student
K S kavya sree	Student
VARIGANTI SRIKANTH	Student
E sri charan	Student
M.Paul Aditya Roy	Student
Jasna Joseph	Student
Ruchika Mundada	Student
Zuha anjum	Student
PORANKI YESHASWINI	Student
Rishikesh pandya	Student
J Krishna Sai	Student
SEELAM SAITEJA	Student
Padma Pranathi	Student
ANNAPURAM PAVAN KUMAR	Student
K V V SRI LASYA	Student
Shashi Shekhar Naidu Vanipenta	Student
Gangula Dattu	Student
Kota Amulya	Student
N Priyanka	Student
Ruchika Lahoti	Student
Siddharth yadav	Student
Padigannagari Pavan Kalyan	Student
Dr. M V S Mahendra	Faculty

Dr. D Sanjeeva Rao	Faculty
Dr. K Suvarchala	Faculty
Dr. V Ashwini	Faculty
Ms. G Archana	Faculty
Ms Senha Cintre	Faculty
Ms. Kausalaya	Faculty
Ms. Shravani Priya	Faculty

Report Prepared By:

Dr. M V S Mahendra & Dr. K Suvarchala Rani,
Assistant Professor, Department of Management Studies,
BVC.





Bhavan's Vivekananda College

Of Science , Humanities and Commerce Sainikpuri ,
Secunderabad - 50009 Autonomous College, Affiliated to
Osmania University Re accredited with 'A' grade by NAAC



Internal quality assurance cell (IQAC)

In collaboration with

THE BHARAT SCOUTS AND GUIDES

Vivekananda and Sarada Devi unit

Is conducting

Training program for the students on Safety, Disaster, Risk and Crowd Management

On

18th September 2024

Event co-ordinator
Mrs.Y.Vijaya Lakshmi
Assistant Professor, Dept. Of Commerce,
BSG BVC Coordinator

Bharat Scouts and Guides

Report On Safety, Disaster, Risk and Crowd Management

Introduction

The Student Training Program on Safety, Disaster, Risk, and Crowd Management is designed to educate and empower students to contribute to achieving the United Nations Sustainable Development Goals (SDGs), particularly SDG 11 (Sustainable Cities and Communities), SDG 13 (Climate Action), and SDG 3 (Good Health and Well-being). The program focuses on fostering an understanding safety protocols, disaster preparedness, risk management, and effective crowd control strategies. This report outlines the training objectives, activities, outcomes, and recommendations for future initiatives.

Objectives of the Training Program:

- **Promote Awareness**: Increase students' awareness of safety measures, disaster preparedness, and risk mitigation to ensure community resilience in the face of disasters.
- **Develop Skills**: Equip students with practical skills for managing risks, dealing with emergencies, and implementing crowd control measures effectively.
- **Contribute to SDGs**: Align student learning outcomes with the SDGs by focusing on the societal, environmental, and economic impacts of safety, disaster preparedness, and risk management.
- **Foster Leadership**: Develop student leadership qualities for organizing community-based initiatives to build a safer and more resilient society.

Program Structure: The training program was organized in three major phases:

1. **Classroom Sessions**: Theoretical knowledge on safety, disaster risk reduction (DRR), and crowd management techniques.
    - Topics covered included risk assessment, disaster response strategies, crowd psychology, and emergency communication.
    - Lectures by experts in disaster management, emergency response, and urban planning.
2. **Practical Workshops and Drills**: Hands-on exercises focused on real-life simulations of disaster scenarios and crowd management strategies.
    - Mock drills for earthquake preparedness, fire safety, and flood evacuation.
    - First aid and emergency medical training sessions.
    - Crowd control strategies during large public gatherings such as sports events and concerts.
3. **Community-Based Initiatives**: Students were encouraged to participate in community outreach programs to apply their knowledge in real-world situations.
    - Organizing awareness campaigns on safety and disaster risk reduction.
    - Collaborating with local authorities to create disaster response plans for vulnerable communities.
    - Volunteering at local disaster management centers and hospitals.

Outcomes of the Program:

- **Increased Awareness and Preparedness**: Students exhibited a heightened understanding of safety measures and disaster risk reduction techniques. Many demonstrated the ability to assess risks in their environments and take preventive actions.
- **Enhanced Skills**: Participants developed practical skills in risk management, crowd control, and emergency response. The mock drills provided valuable hands-on experience in managing different types of emergencies.
- **Community Engagement**: Several students initiated safety programs in their schools and local communities, promoting awareness on disaster preparedness and risk management. They worked with local authorities to establish evacuation plans and safety protocols.
- **Contribution to SDGs**: The program contributed to the achievement of the Sustainable Development Goals, particularly SDG 11 (Sustainable Cities and Communities), SDG 13 (Climate Action), and SDG 3 (Good Health and Well-being), by fostering a culture of safety and disaster preparedness among students and communities.

Challenges Encountered:

1. **Limited Resources**: Some schools lacked adequate resources for conducting full-scale disaster preparedness drills and simulations.
2. **Community Participation**: In some instances, the engagement of local communities in outreach initiatives was lower than anticipated, possibly due to a lack of awareness about the importance of disaster preparedness.
3. **Coordination with Authorities**: Coordination between schools, local governments, and disaster management agencies was at times inefficient, resulting in delays or incomplete activities.

Recommendations:

1. **Strengthening Partnerships**: Strengthen collaboration between educational institutions, local governments, and disaster management agencies to provide students with more comprehensive training and access to better resources.
2. **Enhancing Community Involvement**: Increase efforts to involve local communities in disaster preparedness initiatives through awareness campaigns, social media, and public events.
3. **Regular Drills and Training**: Implement regular mock drills and refresher training sessions to ensure students retain their skills and knowledge on safety, disaster, and crowd management.
4. **Incorporating Technology**: Utilize technology, such as mobile apps and digital simulations, to provide interactive and innovative learning experiences on disaster risk management and crowd control.

Conclusion: The Student Training Program on Safety, Disaster, Risk, and Crowd Management successfully equipped students with the knowledge and skills to contribute to the SDGs, particularly those focusing on community resilience, safety and well-being. With continued support, enhanced collaboration, and increased community involvement, this program can have a lasting impact on building safer, more sustainable communities.

Photos:







Participants list:

Name of Participants
Tisha
Swetha
Rithika
Bhargavi
Mamatha
Harishwar
Shravya
Nikhil
Shekher
Sai Kiran
Pravallika
Sai varsha
Greeshma
G. Akshitha
Y. Akshitha
Keerthana
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